

Calendar

January

- **28th: Special Lesson**
Time and Cost: 10 till 12 – £20
Venue: Somerville Hall, Somerville Road, Chadwell Heath, RM6 5AT

February

- **13 - 15th: 3 Day Course**
Time and Cost: 10 till 12- £35
Venue: Percy Road Methodist Church, Percy Road, Goodmayes, IG3 8SF
- **25th: Grading**
Cost and Time: 1.00 till 2.45 for YELLOW AND BELOW and 3.00 till 4.45 for ORANGE AND ABOVE – £25
Venue: Venue: Becontree Heath Leisure Centre, Althorne Way, Dagenham, RM10 7AY
- **26st: Grading**
Time and Cost: 9.30 till 11 for Yellow Belts and Below and 11 till 12.30 for Orange Belts and Above - £25
Venue: Henham Primary School, CM226BP

March

- **4th: Adult and Higher Grade Grading**
Time and Cost: 9.30 till 11- £25
Venue: Somerville Hall, Somerville Road, Chadwell Heath, RM6 5AT
- **5th - Squad Training (Selections for Nationals and British)**
Time and Cost: Sunday 9.30 till 12.30 -£15
Venue: Dagenham Park Leisure Centre, School Road, Dagenham, RM10 9QH
- **18th: Special Lesson**
Time and Cost: 10 till 12 – £20
Venue: Somerville Hall, Somerville Road, Chadwell Heath, RM6 5AT

April

- **2nd: CHKA OPEN Championships (Please attend squad training if you would like to take part)**
- **3 - 6th: 4 Day Course**
Time and Cost: 10 till 12- £45
Venue: Percy Road Methodist Church, Percy Road, Goodmayes, IG3 8SF
- **22th: Special Lesson**
Time and Cost: 10 till 12 – £20
Venue: Somerville Hall, Somerville Road, Chadwell Heath, RM6 5AT
- **29th: Grading**
Cost and Time: 1.00 till 2.45 for YELLOW AND BELOW and 3.00 till 4.45 for ORANGE AND ABOVE – £25
Venue: Venue: Becontree Heath Leisure Centre, Althorne Way, Dagenham, RM10 7AY
- **30st: Grading**
Time and Cost: 9.30 till 11 for Yellow Belts and Below and 11 till 12.30 for Orange Belts and Above - £25
Venue: Henham Primary School, CM226BP

May

- **6th: Adult and Higher Grade Grading**
Time and Cost: 9.30 till 11- £25
Venue: Somerville Hall, Somerville Road, Chadwell Heath, RM6 5AT
- **7th - Squad Training**
Time and Cost: Sunday 9.30 - 12.30-£15
Venue: Henham Primary School, CM226BP
- **29th – 31th: 3 Day Holiday Course**
Time and Cost: 10 till 12- £35
Venue: Percy Road Methodist Church, Percy Road, Goodmayes, IG3 8SF

June

- **4th - Squad Training**
Time and Cost: Sunday 9.30 - 12.30-£15
Venue: Dagenham Park Leisure Centre, School Road, Dagenham, RM10 9QH
- **10th: Special Lesson**
Time and Cost: 10 till 12 – £20
Venue: Somerville Hall, Somerville Road, Chadwell Heath, RM6 5AT
- **17th: Grading**
Cost and Time: 1.00 till 2.45 for YELLOW AND BELOW and 3.00 till 4.45 for ORANGE AND ABOVE – £25
Venue: Venue: Becontree Heath Leisure Centre, Althorne Way, Dagenham, RM10 7AY
- **18st: Grading**
Time and Cost: 9.30 till 11 for Yellow Belts and Below and 11 till 12.30 for Orange Belts and Above - £25
Venue: Henham Primary School, CM226BP
- **24th: Adult and Higher Grade Grading**
Time and Cost: 9.30 till 11- £25
Venue: Somerville Hall, Somerville Road, Chadwell Heath, RM6 5AT

July

- 16th - Squad Training**
Time and Cost: Sunday 9.30 - 12.30-£15
Venue: Henham Primary School, CM226BP
- **24th – 27th: 4 Day Holiday Course**
Time and Cost: 10 till 12- £45
Venue: Percy Road Methodist Church, Percy Road, Goodmayes, IG3 8SF

August

- **13st: Grading**
Time and Cost: 9.30 till 11 for Yellow Belts and Below and 11 till 12.30 for Orange Belts and Above - £25
Venue: Henham Primary School, CM226BP
- **18th: Grading**
Cost and Time: 1.00 till 2.45 for YELLOW AND BELOW and 3.00 till 4.45 for ORANGE AND ABOVE – £25
Venue: Venue: Becontree Heath Leisure Centre, Althorne Way, Dagenham, RM10 7AY
- **18th: Adult and Higher Grade Grading**
Time and Cost: 9.30 till 11- £25
Venue: Somerville Hall, Somerville Road, Chadwell Heath, RM6 5AT
- **29th – 31st: 3 Day Holiday Course**
Time and Cost: 10 till 12- £35
Venue: Percy Road Methodist Church, Percy Road, Goodmayes, IG3 8SF

September

- **10th - Squad Training**
Time and Cost: Sunday 9.30 - 12.30-£15
Venue: Dagenham Park Leisure Centre, School Road, Dagenham, RM10 9QH

October

- **7th: Special Lesson**
Time and Cost: 10 till 12 – £20
Venue: Somerville Hall, Somerville Road, Chadwell Heath, RM6 5AT
- **8th - Squad Training**
Time and Cost: Sunday 9.30 - 12.30-£15
Venue: Henham Primary School, CM226BP
- **14th: Adult and Higher Grade Grading**
Time and Cost: 9.30 till 11- £25
Venue: Somerville Hall, Somerville Road, Chadwell Heath, RM6 5AT
- **21th: Grading**
Cost and Time: 1.00 till 2.45 for YELLOW AND BELOW and 3.00 till 4.45 for ORANGE AND ABOVE – £25
Venue: Venue: Becontree Heath Leisure Centre, Althorne Way, Dagenham, RM10 7AY
- **22th: Grading**
Time and Cost: 9.30 till 11 for Yellow Belts and Below and 11 till 12.30 for Orange Belts and Above - £25
Venue: Henham Primary School, CM226BP
- **23 – 25th: 3 Day Holiday Course**
Time and Cost: 10 till 12- £35
Venue: Percy Road Methodist Church, Percy Road, Goodmayes, IG3 8SF

November

- **4th: Special Lesson**
Time and Cost: 10 till 12 – £20
Venue: Somerville Hall, Somerville Road, Chadwell Heath, RM6 5AT

December

- **2nd: Special Lesson**
Time and Cost: 10 till 12 – £20
Venue: Somerville Hall, Somerville Road, Chadwell Heath, RM6 5AT
 - **3rd - Squad Training**
Time and Cost: Sunday 9.30 - 12.30-£15
Venue : Dagenham Park Leisure Centre, School Road, Dagenham, RM10 9QH
 - **9th: Adult and Higher Grade Grading**
Time and Cost: 9.30 till 11- £25
Venue: Somerville Hall, Somerville Road, Chadwell Heath, RM6 5AT
 - **16th: Grading**
Cost and Time: 1.00 till 2.45 for YELLOW AND BELOW and 3.00 till 4.45 for ORANGE AND ABOVE – £25
Venue: Venue: Becontree Heath Leisure Centre, Althorne Way, Dagenham, RM10 7AY
 - **17th: Grading**
Time and Cost: 9.30 till 11 for Yellow Belts and Below and 11 till 12.30 for Orange Belts and Above - £25
Venue: Henham Primary School, CM226BP
- Karate Lesson Break up on the 23rd December and Resume on the 8nd January**